

IAN LEIGHTON

HORSEMANSHIP

One of the most common questions we get asked about our workshops is

“What kind of clinic is it?”

Here are some of the things that our clinics offer.

1. An inclusive and supportive group, regardless of your level of ability, working at a pace you are comfortable with to build your confidence and capability.
2. An educational environment where training techniques are demonstrated, explained, taught and guided in straight forward language, or translated to more technical terms if that's what a rider needs in order to understand their application.
3. Tools that you can take home and continue to work on, with an understanding of how to break them down to simple steps on your own that are suited to your ability and that of your horse.
4. Learn to identify how your physical tension creates tension and conflict in your horse, and tips and techniques to relax and allow freedom of movement.
5. Develop an understanding of what softness and balance in your horse can achieve - relaxation, engagement, energy and willingness without conflict or tension.


Most of all, we encourage riders to think independently – if something isn't working well, why? We guide riders to identify issues such as where is my balance and focus and how am I influencing how my horse responds and moves, am I asking in a way that my horse can understand, and am I getting in its way by asking too much, too little, or asking for something using conflicting or confusing messages. Am I giving my horse the best opportunity to give me what I'm asking for with confidence?

Our clinics provide a supportive training opportunity and environment to learn, develop and refine the way a rider influences the way their horse responds. It's a clinic that is adaptable regardless of your level of ability, discipline or any competitive goals.

Clinics/workshops should always be about teaching you – and supporting you as you work through developing consistency when working with your horse, so that regardless of what other activity, event or discipline you do, you develop the necessary skills to make that activity fun & safe for both you and your horse. It's the tools that you take home and continue to work with that make the biggest difference.

**So, the answer to “what kind of clinic is it?” is.....
“one where we teach you to teach your horse”**

For further information, including our current clinic schedule, please visit
www.ianleightonhorsemanship.com

Find us on  <https://www.facebook.com/IanLeightonHorsemanship/>

Email: clinics@ianleightonhorsemanship.com

Telephone Ian 0432 297 901 / Liz 0402 788 682

ABN: 50 193 107 522 © Ian Leighton Horsemanship